

DINING AT THE MAPLEWOOD



BREAKFAST

LUNCH

DINNER

STARTERS

SHRIMP COCKTAIL · \$10

Five large shrimp poached in lemon, white wine broth, chilled and served with lemon and cocktail sauce

200 Calories   

FLATBREAD PIZZA · \$8

Choice of plain cheese, pepperoni or buffalo chicken

Calories: cheese: 700, pepperoni: 825, Buffalo: 860 

BANG BANG SHRIMP · \$9

Fried shrimp tossed in spicy curry sauce

200 Calories  

HAPPENINGS BONELESS WINGS · \$8

One dozen boneless wings tossed in choice of BBQ or Buffalo sauce, served with celery and blue cheese dressing

Calories: BBQ: 950, Buffalo: 1000 

QUESADILLA · \$9

Crispy seared tortilla filled with diced breast of chicken, peppers, onions and cheddar, served with sour cream and salsa

910 Calories 

SOUP AND SALADS

Add chicken, \$3 or five shrimp, \$4

SOUP DU JOUR

Cup \$4, Bowl \$6

SIDE SALAD · \$2

30 Calories (without dressing) 

HOUSE SALAD · \$7

Spring mix greens topped with grape tomatoes, onions, shredded carrots and cucumbers

40 Calories (without dressing)  

CAESAR SALAD · \$6

Crisp romaine tossed with Parmesan and Caesar dressing and topped with croutons

390 Calories  


ASIAN CHICKEN SALAD · \$9

Spring mix greens, mandarin oranges, carrots, almonds, sesame seeds and crispy chicken tossed with Asian dressing

810 Calories


TRIO SALAD · \$9

Crisp romaine topped with egg salad, tuna salad and chicken salad, with your choice of dressing, served with fresh fruit

765 Calories 

GREEK WEDGE SALAD · \$8

Wedge romaine with black olives, feta cheese, onions, tomatoes and diced pepper, tossed with Greek dressing

680 Calories (with dressing),
240 Calories (without dressing) 

 Gluten Free

 Heart Healthy

 Spicy

 Contains Shellfish

 Contains Dairy

Calorie counts are approximate.

Many of our dishes can be prepared to accommodate food allergies - please talk to your server



DELI · \$7

Choose your bread, protein, cheese and condiments.

All sandwiches are served with a choice of one side:

French fries, sweet potato fries, mashed potatoes, seasonal vegetables or side salad


BREADS

White, wheat, rye, kaiser roll or garlic herb wrap

Calories: white, wheat and rye: 70 per slice,
kaiser roll: 270, wrap: 310

CHEESES

American, Swiss, provolone or cheddar

Calories: American: 60, Swiss 80, 
provolone: 80, cheddar: 110

MEATS/PROTEINS

Ham, turkey, egg salad, tuna salad
or chicken salad with grapes

Calories: ham: 140, Turkey: 100, egg salad: 300,
tuna salad: 200, chicken salad: 200

CONDIMENTS

Lettuce, tomato, onion, bacon, black olives,
mayonnaise, mustard, honey mustard or ranch

Calories: bacon: 40 per slice, mayonnaise: 90,
mustard: 20, honey mustard: 200, ranch: 190

SANDWICHES

All sandwiches are served with a choice of one side:

French fries, sweet potato fries, mashed potatoes, seasonal vegetables or side salad

MELT OF THE MONTH · \$9

Ask your server for details


MAPLEWOOD CLUB · \$8

Triple decker sandwich with turkey, ham,
bacon, lettuce and tomato served on
your choice of white, rye or wheat bread

580 Calories (without mayo)

SOUTHWEST CHICKEN SANDWICH · \$10

Grilled breast of chicken topped with
peppers and onions, chipotle mayonnaise and
provolone cheese, served on a brioche bun

500 Calories (without mayo) 

DANNY'S PUB BURGER · \$9

Grass fed beef burger topped with
American cheese, lettuce, tomato
and onion on a brioche bun

665 Calories 

ULTIMATE GRILLED CHEESE · \$7

Grilled cheese on hearty white bread
with bacon jam, tomatoes,
American cheese and provolone cheese

820 Calories 

THE RACHEL · \$9

Grilled turkey with sauerkraut,
Swiss cheese and Thousand Island
dressing on marble rye

600 Calories 

SHORT RIB SANDWICH · \$10

Slow cooked short ribs served on a
brioche bun and topped with
caramelized onions and horseradish sauce

580 Calories



SIDES · \$2

FRENCH FRIES

340 Calories

MASHED POTATOES

180 Calories 

SWEET POTATO FRIES

320 Calories

SEASONAL VEGETABLE

70 Calories  

FRESH FRUIT

65 Calories  

SIDE SALAD


20 Calories  

ENTRÉES

All entrées are served with a side salad.

PASTA BOLOGNESE · \$14

Beef and pork meat sauce over pasta with a side of garlic bread

Calories: pasta Bolognese: 820, garlic bread: 230 


SIZZLE CHICKEN · \$15

Seared chicken topped with cheddar cheese on a cast iron sizzle platter,
served with mashed potatoes and vegetable of the day

970 Calories  

FRIED SHRIMP PLATTER · \$16

Fried shrimp served with French fries, vegetable of the day
and cocktail sauce or tarter sauce

870 Calories with cocktail sauce, 935 Calories with tarter sauce 

BANG BANG CHICKEN & SHRIMP · \$20

Chicken and shrimp with sauce made from Thai curry, peanuts, chiles
and coconut, sauteed with vegetables and served over rice

920 Calories  

EASTMAN SHORT RIB DINNER · \$21

Slow cooked boneless beef short ribs in demi glaze,
served with mashed potatoes and vegetable of the day

1040 Calories

12 OUNCE, NEW YORK STRIP STEAK · \$22

Cooked to your specification, seared NY Strip topped with a garlic butter,
served with steak fries and vegetable of the day

1050 Calories



DESSERTS

TODAY'S DESSERTS · \$4

Ask your server about today's offerings
or have a look for yourself in our
dessert display case

ICE CREAM SUNDAE · \$3

Your choice of chocolate, vanilla, strawberry
or the flavor of the day topped with
whipped cream, sprinkles and a cherry on top

BEVERAGES

COFFEE & TEA

*We proudly serve complementary
McCullagh Coffee, locally roasted since 1867.*
Ask your server about today's choices

SOFT DRINKS

We proudly serve Coca-Cola products.
Complementary with menu item purchase.
Without menu item purchase, \$1

JUICE

Complementary with menu item purchase.
Without menu item purchase, \$1
Choice of apple juice, orange juice
and cranberry juice

BEER

Domestic bottled, \$3.50
Imported bottled, \$4.50

WINE BY THE GLASS · \$5

RED

Mirassou Cabernet Sauvignon - California
Balanced flavors of blackberry and
black current with hints of vanilla
\$18 Bottle

Cellar 8 – California
Opens with aromas of berry and black currant, flavors
of cassis and nutmeg linger on to a smooth finish
\$18 bottle

WHITE

Lindeman's Bin 65 Chardonnay – Australia
Light to medium bodied Chardonnay with
excellent varietal flavors of melon and white peach
\$15 bottle

Caposaldo Pinot Grigio – Italy
Fresh-tasting with just the right amount
of honeydew melon fruit and a clean finish
\$15 bottle

BLUSH

Beringer White Zinfandel – California
Fresh red berry, citrus and melon aromas
with subtle hints of nutmeg and clove
\$15 bottle



BREAKFAST

Served 7:30 am through 12:00 noon

TWO EGGS, ANY STYLE · \$4


Made to order. Choice of over easy, scrambled, poached and sunny-side-up.

Our chefs use fresh cage-free eggs pasturized in the shell to deliver high quality soft cooked yolks
150 Calories


OMELET · \$4

Two egg or egg white omelet. Made to order. Choose your fillings: tomatoes, bacon, ham, peppers, onions, cheddar, american, swiss and provolone. Calories vary depending on selected fillings


BELGIAN STYLE WAFFLE · \$5

Topped with butter and maple syrup or fruit and whipped cream
Calories: waffle: 244, butter: 100 (per packet), syrup: 120, fruit: 110, whipped cream: 25 

PANCAKES

Short stack (two), \$3 Tall stack (three), \$4
Calories: short stack: 210, tall stack: 315 

TEXAS STYLE FRENCH TOAST

Short stack (two), \$3 Tall stack (three), \$4
Calories (without syrup): short stack: 250, tall stack: 325 

HOT CEREALS · \$1.50

Cream of wheat or oatmeal
150 Calories

COLD CEREALS · \$1.50

Cheerios, Raisin Bran, Corn Flakes, Frosted Mini Wheats and Rice Krispies
Calories (without milk): Cheerios: 60, Raisin Bran: 140, Corn Flakes: 100, Frosted Mini Wheats: 120, Rice Krispies: 70
Cheerios and Rice Krispies GF

BREAKFAST SIDES

BACON (TWO) · \$1.50

90 Calories GF

SAUSAGE (TWO) · \$1.50

210 Calories GF

HAM STEAK · \$2.50

100 Calories GF

CORNERED BEEF HASH · \$2.50

370 Calories GF

ENGLISH MUFFIN · \$1.50

120 Calories

BAGEL · \$1.50

290 Calories

DANISH · \$1.50

Calories vary by type

FRESH FRUIT · \$1.50

65 Calories GF

½ GRAPEFRUIT · \$1.50

50 Calories GF

TOAST · \$1.50

(white, whole wheat, cinnamon raisin or rye)
150 Calories

HASH BROWNS · \$1.50

260 Calories GF

YOGURT · \$1.50

130 Calories GF 

